

November 21, 2021

**Metro Catholic Outreach,
We are in need of the following:**

Stew, Chili, Soup,
Tuna and other Canned Meat,
Meal Helpers,
Pancake Mix, Syrup,
Pasta Sauce, Canned Pasta,
Peanut Butter, Jelly

Homeless Bag Items: (easy open single-serve items),
Protein/meals, Snacks,

Shampoo, Conditioner, Body Wash, Soap,
Dental Care Items - toothpaste tubes, toothbrushes, floss, etc.,
Wipes

Laundry detergent PODS,
Household Paper Products,
Household cleaning supplies

Plastic grocery sacks

Brown paper grocery bags,

String bags/backpacks – (homeless appreciate these)

Carts or luggage w/wheels for walking clients

Tents (in useable condition)

Sleeping bags

Ponchos, Umbrellas

Mittens, Gloves for cold weather

Note: Items in Red = Lower Supply Items

**From MCO: This week, your support provided Baskets for over 412
people in 150 families, in addition to 20 homeless bags, - thanks!**