

June 19, 2022
Metro Catholic Outreach
We are in need of the following:

Current Pantry Needs:

Soup, Stew, Chili
Tuna/Canned Meat
Muffin Mix
Peanut Butter!
Pasta, Canned pasta (Raviolios, etc.)
Spaghetti sauce
Canned fruit
Mac & Cheese
Potatoes (flakes or fresh)
Pancake mix, Syrup
Pork & Beans, Rice

Homeless, School, & Senior Meal Bags:

Protein meals
Meat sticks
Microwaveable meal cups
Soup/Stew/Chili
Snacks
Nutritional shakes (Ensure, etc.)
Yogurt cups

***BOLD = Items in lower supply**

Miscellaneous Needs:

Soap
Shampoo, Conditioner
Toothpaste/toothbrushes
Lotion
TOILET PAPER!
Laundry detergent pods
Brown paper grocery bags
Plastic grocery bags
Newspaper sleeves
Sandwich sized baggies
Snack sized baggies
Quart sized baggies
Tents (in usable condition)
Umbrellas, ponchos
String bags/Backpacks
Household paper products
Home cleaning products
Carts/luggage w/wheels

From MCO: This week, your support provided Baskets for over 497 people in 127 families, in addition to 68 homeless bags, - thanks!